

# INTERCOMM

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## 9th Annual Charity Ball Benefits Free Clinic and The Dental Clinic

With a theme of "The Great Gatsby," the extravagance and free spirit of the Roaring 20s was recreated at this year's Charity Ball, held November 16 at Sloan Convention Center. One hundred percent of the proceeds raised at The Charity Ball go directly to patient care at Commonwealth Health Free Clinic and The Dental Clinic.

This year's Charity Ball was the largest to date, with 487 seats reserved for guests from all over Southcentral Kentucky. While the ultimate goal of the Charity Ball is to raise as much money as possible to fund patient care services provided at the Free Clinic, it also allows attending donors to be a part of a one-of-a-kind, elegant affair while they financially lend their support. This year's *Great Gatsby* themed event was not only beautifully decorated, but offered guests many unique opportunities through which to donate to the clinic.

Guests enjoyed the sights and sounds of the Jazz Age, featuring dueling pianos, a cocktail reception, live and silent auctions, and a formal sit-down dinner. Finishing out the

evening, guests danced to the sounds of City Lights, a band from Nashville.

Carla Reagan, Director of Commonwealth Health Free Clinic and The Dental Clinic, says, "Each year I consider it an honor to be seated among so many beautiful people — not just the outward appearance of all who attended, but especially the beautiful and generous actions of so many who make this important fundraiser successful."

In addition to The Charity Ball, the Foundation raises money through various programs such as ECHO and Make the Season Bright. For more information on these programs, please visit the Foundation website at [CommonwealthHealthFoundation.org](http://CommonwealthHealthFoundation.org).

GET FIT CLUB CORNER

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Commonwealth Health Corporation's mission is to care for people and improve the quality of life in the communities we serve.





In honor of her 50 years of service, a parking spot at The Medical Center was dedicated to Marion Boyd (far left). Joining her at the sign's unveiling were (second left to right): Connie Smith, Chief Executive Officer of The Medical Center; Sarah Moore, Executive Vice President; and Eddie Scott, Director of Radiological Services.

## Marion Boyd Celebrates 50 Years of Service

At age 17, Marion Boyd dropped by the old City-County Hospital on the hill (which would later become The Medical Center) at least three times a week to meet with Irene Barnett, Administration's secretary at the time. Every time, Marion asked Ms. Barnett if there was any job at the hospital that she could do. Marion was turned away day after day until Ms. Barnett finally told Marion, "I have something for you." So, in early November 1963, Marion started working in the hospital kitchen and soon became supervisor overseeing some employees who were a lot older than her. The job in the kitchen continued for a few years.

Marion was working the cash register in the cafeteria when she met the Radiology Director and some of the x-ray staff. Marion says that on her breaks she would visit them in their department and watch them x-ray patients. Shortly thereafter, she applied for and accepted a position in Radiology. She performed miscellaneous duties and began learning how to become a radiologic technologist. For many years, she assisted in x-raying and transporting patients, and cleaning the department in the afternoons.

In 1975, John Desmarais became Administrator of the hospital. At about

that same time, the Commonwealth of Kentucky required that anyone performing x-rays had to be licensed. Marion recalls that Mr. Desmarais went to Frankfort to discuss this very issue. Mr. Desmarais brought back the study material and informed Marion that she had three chances to obtain a passing grade if she was to continue performing the job. Marion felt overwhelmed with the study material, yet she studied hard, determined to pass the state's board exam.

She passed on her first attempt, only missing five out of two hundred exam questions. The exam was only the beginning as she began to learn new aspects of imaging and the new technology that began to surface in Radiology in the late 1970s. Marion says that she has seen a lot in Radiology over the years. She has learned how to have patience and understanding as she increased her skills in Radiology.

Marion says, "I am very thankful to God for giving me the opportunity to serve the people of our community, and I hope to do this job until it is time for me to lay down my x-ray markers, take off my badge and call it a day."

# Join Us Light The Tree

to benefit Commonwealth Health Free Clinic and The Dental Clinic

Make  
The  
Season *Bright*

All programs begin at 5:30

The Medical Center at Scottsville  
Thursday, December 5

The Medical Center at Franklin  
Tuesday, December 10

The Medical Center at Bowling Green  
Thursday, December 12

The deadline for contributions to be included on signage at the Make the Season Bright ceremony program is Friday, November 22.

Donations can be made online at  
[commonwealthhealthfoundation.org](http://commonwealthhealthfoundation.org)

For more information, contact  
Commonwealth Health Foundation  
at (270) 796-6519

## Welcome to new CHC employees!



Standing, left to right: Sanela Dizdarevic, 4D Nursing; Amy Holloway, Corpcare; Jo Ward, 4C Nursing. Seated, left to right: Carl Binion, EMS; Alison Henderson, 4D Nursing.



Standing, left to right: Shanna Kozak, Hospitalist Group; Jamie Carter, Radiology; Suncha Taylor, Environmental Services. Seated, left to right: Melaine Hardin, Hillcrest Credit Agency; Tana Choate, Environmental Services; Genevieve Chappell, MCS Food Services.

## Expectant Parent Fair Breaks Records



The Expectant Parent Fair broke all of its attendance and vendor records this year! More than 300 people attended to receive health information from 33 vendors and to take tours of the Obstetrics Unit. This was also a special event because it was the last Expectant Parent Fair to be organized by Connie Dickson. Connie has been in charge of the semiannual Expectant Parent Fair for the past 10 years. She recently transferred to work at Quick Care Clinic as an APRN. Thanks, Connie, for always making this such a wonderful event over the years.



Connie Dickson, APRN

## And the Best Pumpkin goes to....



Donate non-perishable food items to your department's **Stuff The Turkey Food Drive** box through November 22. All food donations collected at The Medical Center and Commonwealth Regional Specialty Hospital will assist the local Salvation Army with their annual Thanksgiving Day Meal.

*Make sure to check the expiration dates on food items.*



Employees of The Medical Center at Scottsville showed off their artistic side in the Fall Festival Pumpkin Dress-Up decorating contest. It was fun, fun, fun for everyone.

Here are the winners:

1st Place – Emergency Department, Candy Corn Pumpkin

2nd Place – Rehab, Pumpkin Patient

3rd Place – Food Services, Chef Larry Pumpkin

## Medical Center EMS is in Elite Category

Medical Center Emergency Medical Services (EMS) has taken the lead once again in Kentucky by receiving re-accreditation. Medical Center EMS remains the only ambulance service in the state to be accredited. It has held accreditation since 2003 from the Commission on



Accreditation of Ambulance Services for its compliance with national standards of excellence. The Commission's standards exceed state and local licensing requirements.

It is one of only 135 ambulance services in the country to have successfully completed the voluntary review process which included completion of a comprehensive application and on-site review by national experts in emergency medical services.

EMS Director Randy Fathbruckner says, "Accreditation represents our firm commitment to our patients and our community. We continuously strive to do our best, and we view accreditation as another step toward excellence."

Bowling Green is unique in that very few cities across the nation can claim that their local emergency department, EMS, Police and Fire are all nationally accredited. For residents this means they are receiving quality care far exceeding national standards.

Fathbruckner gives all the credit for our quality EMS service to the employees. "Our staff has been key to successful completion of the re-accreditation process. I think it gives the feeling of prestige and pride to work in an accredited ambulance service. Everyone here played a valuable role in our ability to meet the Commission's high standards." The accreditation process must be completed every three years.

## CHC Receives Top Honors in Marketing Competition

During the Kentucky Society for Healthcare Public Relations & Marketing's annual fall conference held November 12 in Louisville, Commonwealth Health Corporation took top honors in the society's annual Thoroughbred Awards competition.

CHC received Thoroughbred Awards in the following categories: Educational Project for its *Healthier You* Facebook campaign for the Surgical Weight Loss Program; External Newsletter for The Medical Center's *WellNews* community newsletter; and, Logo Design for The Medical Center 10k Classic logo. CHC also

was awarded Certificate of Merit awards in the Fund Raising Campaign category for Commonwealth Health Foundation's Charity Ball and in the Annual Reports category for Commonwealth Health Foundation's 2012 Annual Report.

The Thoroughbred Award for *WellNews* is the third award the hospital's community newsletter has won in 2013. *WellNews* also garnered a 2013 American Graphic Design award sponsored by Graphic Design USA, as well as a "gold" win in the Hermes Creative Awards competition.

## Retirements



**Eugenia Dauns**, Endoscopy (center), retired after 13 years of service. Congratulating her are (left to right): Erika Ratliff, Endoscopy Clinical Manager II; Justin Srygler, Director of Respiratory Therapy, and Connie Smith, Chief Executive Officer of The Medical Center.

# 90

seconds  
**TO BETTER HEALTH**

Watch WBKO for these upcoming segments of *90 Seconds to Better Health*, a medical news program presented by The Medical Center.

**Sandeep Gautum, M.D.**  
**Atrial Fibrillation**

Wednesday, November 20, AM Kentucky  
Tuesday, November 26, 5 p.m. News  
Wednesday, November 27, AM Kentucky

**Gayth Hammad, M.D.**  
**Cholesterol**

Tuesday, December 3, 6 p.m. News  
Wednesday, December 4, AM Kentucky  
Tuesday, December 10, 5 p.m. News  
Wednesday, December 11, AM Kentucky



# Get Fit Club Corner

A benefit that partners with me.

## Two Lungs, One Day, Zero Smoking

by Vicki Weaver, RN

According to Centers for Disease Control and Prevention (CDC), the use of tobacco remains the single largest preventable cause of death and disease in the United States, with 43.8 million adults currently smoking. They claim cigarette smoking kills more than 440,000 Americans each year.

What is even more profound is an estimated 49,000 of these deaths are from exposure to the 43.8 million family members that are smoking. That's correct — secondhand smoke is a killer to people who have never smoked! It is estimated that 88 million nonsmokers in the U.S. breathe other people's tobacco smoke. Secondhand smoke also causes heart disease, which has resulted in

46,000 deaths each year. Exposure to secondhand smoke at home or work, increases a nonsmoker's risk for lung cancer by 20–30% and causes 3,400 lung cancer deaths each year.

November 21, 2013 is the American Cancer Society's Great American Smoke Out date. This is a nationally recognized day to encourage all smokers to STOP smoking. CHC challenges all employees who smoke to stop smoking on November 21.

Come out to one of the locations and times listed below to learn about options and programs, and to pick up your "Quit Kit." This is a great day to quit or to start planning how you will quit smoking.

## The Great American Smoke Out November 21

Hospital	Location	Time	Contact	Extension
MCBG	Auditorium	11:00 am–1:00 pm	Dana Cowles, RN	1263
MCS	Adult Learning Center	11:00 am -1:00 pm	Rita Tabor, RN	2826
MCF	Crossroads	11:00 am-1:00 pm	Renee Spivey, RN	4804

SAVE THE DATE



SMOKING  
DOESN'T HAVE  
TO BE A  
LIFE SENTENCE

The Cooper Clayton Method to stop smoking has been proven to work. Try it today to help kick the habit.

January 16, 2014  
The Medical Center  
Conference Room  
2:30 – 3:00 p.m.

To register, call  
270-745-0942  
or 877-800-3824

Nicotine replacement products  
are free for CHC employees.

Get Fit Club: <http://chcintranet01/getfitclub/>

Get Fit Portal: <https://chc.provantonline.com>

Get Fit Club Calendar: [http://www.themedicalcenter.org/for\\_employees/documents/GetFitClubCalendar.pdf](http://www.themedicalcenter.org/for_employees/documents/GetFitClubCalendar.pdf)