

# INTERCOMM

July 30, 2014

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## Eddie's Grandmother: Made possible by an organ donor

Thanks to her heart donor, Amalia got more than a second chance at life. She lived to see her grandson Eddie, and to help raise a beautiful, strong family with her husband Eduardo. Amalia's donor transformed many lives. You can, too. Join more than 100 million organ, eye, and tissue donors, and leave behind the gift of life.

Imagine what you could make possible.  
[organdonor.gov](http://organdonor.gov)

*Image is part of the ad campaign by the Department of Health and Human Services to promote organ donation.*

## The Medical Center Achieves Gold-Level Recognition by Department of Health and Human Services

The Medical Center was one of just 15 Kentucky hospitals awarded gold-level recognition by the Department of Health and Human Services (HHS) for outstanding voluntary efforts to promote organ donation in the third year of the Workplace Partnership for Life Hospital Organ Donation Campaign.

The Workplace Partnership for Life is a national initiative that unites the U.S. Department of Health and Human Services with the organ and tissue donation community and businesses, organizations, and associations. The goal is to spread the word about the importance of organ, eye, tissue, blood, and bone marrow donation and to encourage the American public to register as donors. To date, the campaign has resulted in 327,659 donor designations.

Thirty-four Kentucky hospitals were awarded gold, silver or bronze recognition based on the number of promotion activities implemented. The campaign also recognized the Kentucky Hospital Association and Donate Life Kentucky for partnering with hospitals and transplant centers in the national campaign.

### Why Organ, Eye, and Tissue Donation?

- More than 123,000 people are waiting for an organ
- 18 people will die each day waiting for an organ
- 1 organ donor can save up to 8 lives.

According to the Department of Health and Human Services, organ donors made more than 28,000 transplants possible last year. Another one million people received cornea and other tissue transplants that helped them recover from trauma, bone damage, spinal injuries, burns, hearing impairment and vision loss.

For more information about how you can register as an organ donor, please visit [OrganDonor.gov](http://OrganDonor.gov) or [DonateLife.net](http://DonateLife.net).

Commonwealth Health Corporation's mission is to care for people and improve the quality of life in the communities we serve.





*Callie Beth Hullett (center) is awarded the Floyd Ellis Scholarship by Sarah Ellis (left) and Doris Thomas, Vice President of Marketing/Development.*

## Ellis Scholarship Awarded

Callie Beth Hullett will receive the Floyd Ellis Scholarship for the 2014-2015 school year. Callie graduated from Warren Central High School in the spring of 2012, and is currently enrolled in the WKU Nursing Program. She is the daughter of Mr. and Mrs. Joe A. and Carol Hullett. Callie one day plans to aid disadvantaged people in third world countries through medical missionary work.

This scholarship is in honor of the late Floyd Hayes Ellis, who was President of Warren Rural Electric Cooperative Corporation (WRECC) and former member of the CHC, The Medical Center at Franklin and Commonwealth Health Foundation Boards of Directors. This award is presented annually to a child of a WRECC employee who is currently enrolled at Western Kentucky University. The scholarship will cover the costs of tuition and book fees for one year.

## *Mark your calendars!*

The 32nd annual **Garden Spot 5K Run/Walk**, sponsored by The Medical Center at Franklin Rehabilitation Services, will be held in Franklin on August 9 on the west side of Courthouse Square. For more information, call 270-586-7609 or email [sthurmond@f-schamber.com](mailto:sthurmond@f-schamber.com).

The **Bowling Green Sprint Triathlon**, sponsored in part by Bluegrass Outpatient Center, will be held Sunday, August 17 starting at 8 a.m. at the Russell Sims Aquatic Center, 2302 Tomblinson Way, in Bowling Green. Register online at [www.racesonline.com](http://www.racesonline.com).

THERE WILL NOT BE ANY REGISTRATIONS ON THE DAY OF THE RACE. For more information, visit <http://gravesgilbert.com/triathlon>.

# 90 seconds TO BETTER HEALTH

Watch WBKO for these upcoming segments of *90 Seconds to Better Health*, a medical news program presented by The Medical Center.

**Don Brown, D.O.**

**MyRecord - Patient Portal**

Tuesday, August 5, 5 p.m. News  
Wednesday, August 6, *AM Kentucky*

**Mrinal Mullick, M.D.**  
**Outpatient Behavioral  
Health Services**

Tuesday, August 12, 6 p.m. News  
Wednesday, August 13, *AM Kentucky*  
Tuesday, August 19, 5 p.m. News  
Wednesday, August 20, *AM Kentucky*

You can view all the segments at  
[TheMedicalCenter.org](http://TheMedicalCenter.org).

## Follow The Medical Center 10K Classic!

Follow @MedCenterBG on Twitter or The Medical Center at Bowling Green on Facebook for race news, updates, and contests. Use hashtag #10KClassic to post your training photos and race times!





Welcome new CHC employees!



Left to right front row: Sherelen Hodges, 4D; Chad McGarvie, 3D. Back row: Rebecca Riley-Miller, 5B; Jennifer Brock, Lab; Stephanie Cook, ER.



Left to right front row: George Watford, ESD; Jessica Rogers, Rehab Services. Back row: Serena Chambers, Patient Registration; Nicole Dobbins, ESD; Karmen Penrose, MCS Acute Care.



Left to right front row: Alex Russell, Central Transport; William Simmons, Central Transport. Back row: Chelsea Huntsman, Nursing Resource Team; Kayla Smith, 6B/6C; Debbie Killen, Outpatient Infusion.



Left to right front row: Gavin Davis, Lab; Tammy Sexton, MCS LTC. Back row: Peter Boyer, MedEquip; Kathleen Danhausen, Women's Health Specialists; Emily Towe, Urgentcare.

# HOSPITALITY HOUSE SUMMER FEST

**SATURDAY, AUGUST 9, 11 AM - 1 PM AT BOWLING GREEN BALLPARK**

**100% OF ALL PROCEEDS BENEFIT THE HOSPITALITY HOUSE!**

## **\$25 TICKET HOLDER WILL RECEIVE:**

- > Ticket to the Hot Rods game vs. Dayton (future Reds) on Saturday, August 9 at 7:05 p.m. (First 1,000 fans at the game will receive a Hot Rods cap!)
- > Autographed Hot Rods baseball
- > Lunch at the ballpark
- > Meet the players

## **BALLPARK EXPERIENCE TO INCLUDE:**

- > Batting practice with Hot Rods players on the field at BGBP
- > Catch with Hot Rods players on the field at BGBP
- > Behind-the-scenes Ballpark tours
- > Name put in drawing for a Hot Rods first pitch
- > Inflatables
- > Special Auction featuring autographed memorabilia and much more!

## **SPECIAL OFFER TO CHC EMPLOYEES ONLY:**

**Purchase your EVENT TICKET on or before  
Thursday, August 7 for a chance to win:**

Grand Prize – Champion Suite (\$1,000 value – tickets for 30)

2nd – Regular Suite (\$450 value – tickets for 18)

3rd – Two 2015 Club Memberships (around a \$400 value)

4th – Prize Pack (\$150 value – includes 4 tickets and memorabilia)

5th – Prize Pack (\$150 value – includes 4 tickets and memorabilia)

**Tickets will be on sale at all cafeteria locations**

**Thursday, August 7**

**You can also order tickets by calling 270.901.2121.**

**If you choose to only attend the game on August 9**, BG Hot Rods will donate 1/2 of proceeds from tickets sold to CHC employees to the Hospitality House. Special admission for employees is \$10. The code **HHOUSE** must be entered for this promotion.

## **Questions?**

Please contact Eric Leach or Don DiBastiani by phone at 270.901.2121 or visit [BGHotRods.com](http://BGHotRods.com).



# Get Fit Club Corner

A benefit that partners with me.



Employee Health Services Director Vicki Weaver (left) enjoys the 2013 Fun Walk with her daughter Lacie Weatherbee and Mallory and Adam Martinez.

## The Medical Center 10K Classic Brings Families Together

By Derek Reeder, RN

Sign-up for The Medical Center 10K Classic, 5K and 1.5 Mile Fun Walk has begun. These races are a perfect way to bring families together. The 1.5 Mile Fun Walk is an excellent distance for all ages. Parents with small children are able to bring their strollers. Your family will be able to participate in the morning festivities and you will be entered in the cash prize drawings. Also, sign up your children for the Children's Classic, which is for children from Kindergarten through 6th grade. The Children's Classic races are scheduled to start at 9:30 a.m. The deadline to sign your children up is September 19. Children's Classic forms are available online or can be picked up at your child's school.

The 1.5 mile fun walk begins at 7:45 a.m. on University Boulevard next to WKU dormitories Meredith and Zacharias Hall. The walk will finish at the 50-yard line of Houchens Industries L.T. Smith Stadium. The 10K begins at 8 a.m. and the 5K begins at 8:15. So get up and enjoy the beautiful fall day.

Join Team CHC and help defend the Corporate Challenge title! You will become a member of Team CHC if you sign up for the 1.5 Mile Fun Walk or The Medical Center 10K Classic or 5k before 3:00 p.m. on September 19. If you are an employee, use the code **CHCE** and you will only pay \$15 and encourage your friends and family to use the code **CHCNE** to get the discounted rate of \$25. For more information and to sign, up please visit [TheMedicalCenter10KClassic.com](http://TheMedicalCenter10KClassic.com).

## The Step into Spring Step Challenge Top Ten!

The *Step into Spring Step Challenge* has wrapped up! There were 121 active participants who collectively took 41,531,455 steps. This translates into approximately 18,990 miles! The competition was very close, but in the end Tosha Boisseau was the winner! She works at The Medical Center at Bowling Green as a pharmacy tech. She took 1,158,299 steps, which translates into 548.44 miles. She barely edged out Beau Wilkins who logged 1,157,897 steps, which translates to 548.25 miles.

### Name – Total Steps – Prize

- |      |                               |                                   |
|------|-------------------------------|-----------------------------------|
| 1st  | Tosha Boisseau – 1,158,299    | Fit Bit Flex                      |
| 2nd  | Beau Wilkins – 1,157,897      | Fit Bit Zip                       |
| 3rd  | Cedric Fykes – 1,150,662      | MP3 player                        |
| 4th  | Jessica Jefferies – 1,111,296 | Deluxe Flashlight/Siren/Pedometer |
| 5th  | Marya Allen – 1,060,486       | Get Fit Club T-shirt              |
| 6th  | Kimberly Rheaume – 984,156    | Honorable Mention                 |
| 7th  | George Monte de Oca – 900,526 | Honorable Mention                 |
| 8th  | Jennifer Finch – 883,569      | Honorable Mention                 |
| 9th  | Christina Donohoe – 873,317   | Honorable Mention                 |
| 10th | Debra Stovall – 871,979       | Honorable Mention                 |

Thank you to everyone who participated! Be on the lookout for the next challenge from the Get Fit Club!

Get Fit Club: <http://chcintranet01/getfitclub/>

Get Fit Portal: <https://chc.provantonline.com>

Get Fit Club Calendar: [http://www.themedicalcenter.org/for\\_employees/documents/GetFitClubCalendar.pdf](http://www.themedicalcenter.org/for_employees/documents/GetFitClubCalendar.pdf)