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Psychiatric Associates of Bowling Green Adult Psychiatry



Arvinder Chani, M.D.



J. Grayson Grau, M.D.



Mrinal Mullick, M.D.

Adult Psychiatry

Medical Arts Building, Suite 204
Bowling Green, KY 42101
(270) 843-5103

Child & Adolescent Psychiatry

Medical Arts Building, Suite 206
Bowling Green, KY 42101
(270) 796-2540

Commonwealth Health Corporation

800 Park Street
Bowling Green, Kentucky
(270) 745-1584

The Medical Center Adds Child and Adolescent Psychiatrist to Medical Staff



Charu Raghuvanshi, M.D. has joined the Medical Staff at The Medical Center to provide child and adolescent psychiatry services. Dr. Raghuvanshi is available to consult with pediatricians and other physicians for children and adolescent inpatients.

Dr. Raghuvanshi started her outpatient practice in February 2012 when she joined Psychiatric Associates of Bowling Green. Prior to her addition, Psychiatric Associates only offered adult psychiatry services with Arvinder Chani, M.D., Mrinal Mullick, M.D., and J.

Grayson Grau, M.D. She brings a new facet to the psychiatry services the practice offers to Southcentral Kentucky.

“There is an immense need in the community for child and adolescent psychiatry,” Dr. Raghuvanshi said, particularly for a psychiatrist who accepts Medicaid. She sees patients ranging from ages 2 to 18 for a variety of problems including behavior issues, attention deficit hyperactivity disorder and autism (see below).

Working with children and adolescents is different from working with adults. Dr. Raghuvanshi addresses the many systems involved — the child, the family, school systems and in some cases Social Services.

Because language can be an issue with young children, Dr. Raghuvanshi uses play therapy to interact with children and assess their situation. “Play can tell you a lot about what is going on with the child,” she said. For adolescents, she uses more of the interview style.

About Dr. Raghuvanshi

Dr. Raghuvanshi completed her fellowship training in Child and Adolescent Psychiatry at Vanderbilt University. She is a Diplomate of the American Board of Psychiatry and Neurology in Adult and Child and Adolescent Psychiatry.

Dr. Raghuvanshi joined Psychiatric Associates after serving over eight years at Rivendell Behavioral Health Services, including serving as the Children’s Unit Medical Director. She brings her experience with dealing with the most severe cases of child and adolescent psychiatric patients to her new outpatient practice. The outpatient setting enables her to provide better continuity of care when she can help children after they leave an inpatient center.

For inpatient consults or outpatient referrals, call (270) 796-2540.

Mental Health Problems Treated in Children and Adolescents

- Behavior Issues
- Autism
- Trauma
- Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder
- Depression and other mood disorders
- Anxiety
- Post-traumatic Stress Syndrome
- Eating Disorders
- Substance Abuse