



<https://Physicians.TheMedicalCenter.org>

The Medical Center Neuroscience Services

The Medical Center Neuroscience Services cares for patients with disorders related to the brain and nervous system. Board certified neurosurgeons, neurologists and vascular surgeons lead The Medical Center team in providing quality, evidence-based care. As a leader in the diagnosis and treatment of stroke, The Medical Center is designated a Primary Stroke Center by The Joint Commission.

Dr. Nathoo welcomes the opportunity to talk with physicians about how he can meet the neurosurgical needs of patients in Southcentral Kentucky.

Riverside Professional Center
825 Second Avenue East, Suite B2
Bowling Green, KY 42101
(270) 780-2660

Commonwealth Health Corporation
800 Park Street
Bowling Green, Kentucky
(270) 745-1584

Neurosurgeon Narendra Nathoo, M.D. joins The Medical Center

Narendra Nathoo, M.D., PhD, FRCS(C), FACS has joined The Medical Center Neuroscience Services to expand its neurosurgery program. Dr. Nathoo is a board certified neurosurgeon with fellowship training in Radiosurgery, Neuro-oncologic Surgery, Complex Spine and Spinal Oncologic Surgery. He brings his expertise and passion in treating complex brain and spine tumors to Southcentral Kentucky.

Dr. Nathoo has trained at the Center for Image Guided Surgery, University of Pittsburgh; Taussig Cancer Center, Cleveland Clinic Foundation; and James Cancer Center, Ohio State University. Dr. Nathoo comes to The Medical Center Neuroscience Services from Ohio State University Medical Center where he served as a clinical instructor in Complex Spine Surgery/Spinal Oncology for the Department of Neurological Surgery. Prior to this, Dr. Nathoo was Director of Neurosurgery at Alegen Health Clinics in Omaha, Nebraska where he established a neuro-oncology/radiosurgery unit. He was instrumental in creating the first brain tumor support group in Nebraska.

While Dr. Nathoo's fellowship training and expertise lies in spinal and brain oncology, he also brings his experience in general neurosurgery and neurotrauma to Southcentral Kentucky. Originally from South Africa, he completed his medical degree and PhD at the University of Natal in Durban, South Africa. His doctorate thesis focused on neurotrauma. He has made significant academic contributions in the field of surgical intracranial infections and neurotrauma and has published 70 Pubmed papers.



Narendra Nathoo, MD, PhD, FRCS(C), FACS

Credentials at a glance:

- Board certified neurosurgeon
- Trained in Radiosurgery, Neuro-oncologic Surgery, Complex Spine and Spinal Oncologic Surgery.
- American College of Surgeons and the American Association of Neurological Surgeons Fellow
- PhD in Neurological Surgery

How Medical Nutrition Therapy Can Help Your Patients

Advising patients to follow a healthy diet that is specific to their medical condition is one thing, but getting them to understand what that means is another. Medical Nutrition Therapy was developed to work in conjunction with physicians to educate patients on the important role diet plays in managing:

- Heart Disease
- Diabetes
- Cancer
- Obesity
- Liver Disease
- Kidney Disease
- Food Allergies
- Eating Disorders
- Celiac Disease
- Weight Management
 - Children
 - Adults
- Overall Health

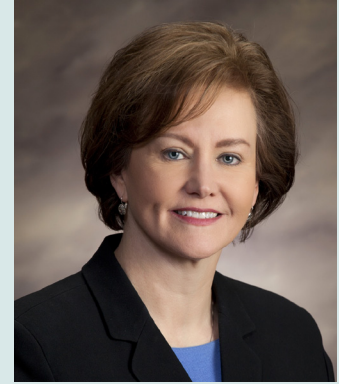
Medical Nutrition Therapy consists of counseling by Registered Dietitian Linda Howsen who provides the information needed to manage a patient's specific nutritional needs. It can improve a patient's overall health and quality of life, effectively treat and manage disease conditions, reduce complications of disease and decrease or eliminate the need for prescription drugs. The program does require a physician's order. After seeing the patient, the dietitian sends a follow-up report to the physician and continues to be a resource for the patient and for the physician.

If you would like additional information concerning this program or to make a referral, please call (270) 745-0942 or fax the order to (270) 745-0683. The Medical Center's outpatient Medical Nutrition Therapy is located at the Health & Wellness Center at Greenwood Mall. Script pads specific to MNT are available to physician offices. All MNT services are filed with insurance.

New Offering For Cardiac Patients

A Medical Nutrition Therapy class especially for cardiac patients meets the first Tuesday of each month from 10–11 a.m. at The Medical Center Health & Wellness Center at Greenwood Mall. A physician referral is required for this class. For more information, call (270) 745-0942.

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Linda Howsen, Registered Dietitian, is a graduate of Western Kentucky University with a major in Dietetics. Linda completed her Dietetic internship at Vanderbilt University Medical Center. Her past experience includes: Nutrition Service Coordinator for Barren River District Health Dept.; Dietitian for The Kroger Company; Pharmaceutical Representative for Merck & Co, Inc.; and Curriculum Coordinator for Pennyryle Allied Community Service. "I am very happy to be a part of The Medical Center Health and Wellness Center, and to be able to provide nutrition counseling as a part of overall patient care," said Linda. "By working in conjunction with area physicians, I am pleased to add another dimension to overall patient care by providing nutrition counseling."

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