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## Diabetes Education Program Recognized by American Diabetes Association

Despite all the advances in diabetes treatment, education remains the cornerstone of diabetes management. The Medical Center is committed to providing quality diabetes education through its Diabetes Education Program. That commitment to quality has once again been recognized by the American Diabetes Association (ADA).

The Medical Center Diabetes Education Program is the only ADA-recognized program in Bowling Green. To be recognized by the ADA, the program must meet national standards for Diabetes Self-Management Education. Clients receiving education at an ADA-recognized program can be assured the program utilizes evidence-based practices as its curriculum.

The Diabetes Education Program provides clients with an individualized plan to assist with better diabetes management, decreased risk of complications and strategies to help keep clients healthy. To learn more, call Tammy Davis, RN, Diabetes Education Coordinator, at (270) 745-0942 or 877-800-3824.



\*The American Diabetes Association Recognizes this education service as meeting the National Standards for Diabetes Self-Management Education.

**Commonwealth Health Corporation**  
800 Park Street  
Bowling Green, Kentucky  
(270) 745-1584

## Clark Bernard, M.D. Joins The Medical Center Neuroscience Services

CHC Physician Services has once again expanded with the addition of Clark Bernard, M.D. who joined The Medical Center Neuroscience Services on May 20. As a board certified neurosurgeon, Dr. Bernard cares for patients with disorders related to the brain and nervous system. In particular, he specializes in the diagnosis, treatment and management of a wide range of disorders and diseases related to the back and spine. Dr. Bernard joins board certified neurosurgeon Narendra Nathoo, M.D. who specializes in neuro-oncology for the treatment of brain and spine tumors.

Dr. Bernard earned his medical degree at the University of Louisville School of Medicine. He completed his residency training at the University of Missouri Hospital in Columbia, Missouri and his fellowship training in spine surgery at Spine Surgery, P.S.C. in Louisville. He relocates to Bowling Green from King's Daughters Medical Center in Ashland, Kentucky.

Dr. Bernard is accepting new patients.

To refer a patient, call 270-780-2660. The Medical Center Neuroscience Services is located on The Medical Center campus in the Riverside Professional Center at 825 Second Avenue East, Suite B2.



*Clark Bernard, M.D.*



*Narendra Nathoo, M.D.*